



Handout to Activity 7: Rephrasing

Handout 1:

“Why are all Black women so loud?” → You should assimilate to the dominant culture. inappropriate.

“You throw like a girl.” → Feminine traits are undesirable.

“You can succeed if you try hard.” → You are lazy.

“Being gay is just a phase.” → Your identity is invalid.

“You are a credit to your race.” → People of your background are unintelligent.

Handout 2:

“That’s so gay.” → Being gay is unacceptable.

“The only race is the human race.” → Your experiences as a minority are no different from anyone else’s.

[To an Asian student] “Can you help me with my math homework?” → Your appearance dictates your skills or knowledge.

[A White woman to a Black woman] “As a woman, I understand what you experience as a minority” → I’m not racist, because I’m oppressed like you.

“No, where are you really from?” → You are not part of our group

Handout 3:

“That’s retarded.” → People with disabilities are less abilities are stupid.

“I don’t see color.” → Your experiences as a minority are invalid.

“How did your mom react when she found out you were a lesbian?” → Being a lesbian is not normal.

“You don’t even seem Black.” → Everyone from your group acts the same.

[To a girl] “Math is hard, isn’t it?” → Women have inferior abilities.





Handout 4:

[To a woman with a headscarf] “What are you hiding in there?” → All Muslims are terrorists.

“Don’t be a sissy.” → Feminine traits are undesirable.

[To a female graduate student] “You sure are opinionated.” → You should conform to your expected role.

[To a larger woman] “Should you be eating that?” → You have no self-control.

[Store manager to employees] “Keep an eye on the Black shoppers.” → Blacks are all criminals.

Source: <http://www.breakingprejudice.org/group-activities/activities-in-english/micro-aggression-activity/>

