



Handout to Activity 16: Experiencing Micro-aggressions

The name of a document (e.g., article, book) that address the issue of micro-aggressions	A group or community who regularly experience micro-aggressions in your country	A factor that contributes to the development of micro-aggressions
An example of micro-aggressions	One strategy to respond to micro-aggressions	A song / film / book which talks/show an example of a micro-aggression
An effect of micro-aggressions in cognitive health	An example of micro-aggression against a woman	A reason that people hesitate to respond to micro-aggressions
A psychological dilemma when dealing with micro-aggressions	An example of a racial micro-aggression	An effect of micro-aggressions in mental health

